

YOUR HEP C SPECIALIST APPOINTMENT GUIDE

There's never been a better time to seek treatment for your hepatitis C (Hep C). Meeting with a Hep C Specialist is a key step in achieving your goal of a Hep C cure. Use this guide to make the most of your first appointment.

Cure means the Hep C virus is not detected in the blood when measured 3 months after treatment is completed.

WHAT TO ASK WHEN MAKING YOUR APPOINTMENT

- How soon can I see the Specialist?
- How much experience does the Specialist have in treating Hep C?
- How much time can I expect to spend with the Specialist?
- Do you take my insurance?



HEP C CAN BE CURED

It's estimated that in the past few years, more people have been **treated and cured** of Hep C than in the previous decade.

- **Although it's common for people with Hep C to have no symptoms, tell your Specialist if you have, or have had, any of these:**

- Fatigue
- Dark urine
- Nausea/vomiting
- Gray-colored bowel movements
- Loss of appetite
- Yellowing of the skin or eyes (jaundice)
- Fever
- Joint pain

- **List any concerns you have about Hep C:**

- **Describe what you expect from treatment:**

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This is the perfect time to get the information you'll need to start managing your hepatitis C (Hep C). Be ready to discuss your needs and concerns with your Specialist so you can work together effectively.

WHAT TO PREPARE



Make sure the Specialist has access to your medical records, including test results and Hep C treatment history, if any



Your insurance information



A list of all medications you take (including over-the-counter and supplements)

TODAY'S TREATMENTS

Recent scientific advances have made treatments for Hep C shorter and more effective, with average cure rates around 95%.

WHAT TO ASK

Make your time with a Specialist productive. To learn more about your Hep C, here are a few questions to ask:

1. About your condition

What's my genotype? _____

What's my viral load? _____

What's my fibrosis score? _____

How will these things affect my treatment? _____

2. When discussing a treatment plan

Is treatment right for me? _____

What are my treatment options? _____

Can I expect to be cured? _____

What tests will I need? _____

How soon can I start treatment? _____

How long will my treatment take? _____

What side effects might I experience? _____

