There’s never been a better time to seek treatment for your hepatitis C (Hep C). Meeting with a Hep C Specialist is a key step in achieving your goal of a Hep C cure. Use this guide to make the most of your first appointment.

Cure means the Hep C virus is not detected in the blood when measured 3 months after treatment is completed.

WHAT TO ASK WHEN MAKING YOUR APPOINTMENT

• How soon can I see the Specialist?
• How much experience does the Specialist have in treating Hep C?
• How much time can I expect to spend with the Specialist?
• Do you take my insurance?

HEP C CAN BE CURED

It’s estimated that in the past few years, more people have been treated and cured of Hep C than in the previous decade.

• Although it’s common for people with Hep C to have no symptoms, tell your Specialist if you have, or have had, any of these:
  - Fatigue
  - Nausea/vomiting
  - Loss of appetite
  - Fever
  - Dark urine
  - Gray-colored bowel movements
  - Yellowing of the skin or eyes (jaundice)
  - Joint pain

• List any concerns you have about Hep C:

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• Describe what you expect from treatment:

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YOUR HEP C SPECIALIST APPOINTMENT GUIDE
This is the perfect time to get the information you’ll need to start managing your hepatitis C (Hep C). Be ready to discuss your needs and concerns with your Specialist so you can work together effectively.

WHAT TO ASK

Make your time with a Specialist productive. To learn more about your Hep C, here are a few questions to ask:

1. **About your condition**
   - What’s my genotype? ____________________________
   - What’s my viral load? ____________________________
   - What’s my fibrosis score? _________________________
   - How will these things affect my treatment? __________________

2. **When discussing a treatment plan**
   - Is treatment right for me? ____________________________
   - What are my treatment options? ________________________
   - Can I expect to be cured? _____________________________
   - What tests will I need? ______________________________
   - How soon can I start treatment? _______________________
   - How long will my treatment take? _____________________
   - What side effects might I experience? __________________

WHAT TO PREPARE

Make sure the Specialist has access to your medical records, including test results and Hep C treatment history, if any

- Your insurance information
- A list of all medications you take (including over-the-counter and supplements)

TODAY’S TREATMENTS

Recent scientific advances have made treatments for Hep C shorter and more effective, with average cure rates around 95%.